

## S123 Supporters' Checklist

### 33 Ways to Build Competence and Confidence in Others

Topics	Practices	1st	2nd	3rd
<b>Topic A: Growth</b> Did I become more competent and confident this week by...	(1) intentionally building the competence & confidence of at least 5 others?			
	(2) actively partaking in a minimum of 1-hour relevant print/web information, instruction, supervision, professional learning group, or consultation?			
	(3) honestly self-assessing & enhancing the actions on this list?			
<b>Topic B: Enthusiasm</b> Did I show enthusiasm for developing teachers by...	(4) proactively and consistently (ex. 1x/wk, 2x/month, 1x/6wks) scheduling it?			
	(5) discussing the interaction as an opportunity rather than a requirement?			
	(6) thanking the person for sharing their practice with me?			
<b>Topic C: Purpose</b> Was I purposeful in my support by...	(7) being clear that my role is to help them grow more confident or competent?			
	(8) defining the opportunity for growth (i.e., situational, topical exploration)?			
	(9) asking the person I am supporting what type of support they are seeking?			
<b>Topic D: Presence</b> Did I thoughtfully observe the setting by...	(10) visiting the room for the duration of the planned time?			
	(11) taking in the big picture (context) as well as little picture (interactions)?			
	(12) adjusting participation (observe, participate, provide extra set of hands)?			
<b>Topic E: Strength Focus</b> Was I strength-focused by...	(13) distinguishing efforts (teacher practice) from outcomes (children's response)?			
	(14) noticing positive dispositions (organized, prepared, nurturing, empathetic, enthusiastic, calm, etc.)?			
	(15) noticing positive efforts (relationship building, routine facilitating, supporting, responding, etc.)?			
<b>Topic F: Follow-Up</b> Did I effectively follow-up after the visit by...	(16) sending a brief note (email, note, text) mentioning positive efforts/dispositions noted?			
	(17) jotting down positive efforts/dispositions, open-ended questions, ideas to explore?			
	(18) scheduling an appropriate time/mode to communicate about the visit?			
<b>Topic G: Understanding Perspective</b> Did I seek to clearly understand the person's perspective by...	(19) asking them their thoughts on the situation/topic?			
	(20) expanding upon and exploring those perspectives?			
	(21) helping them categorize /summarize those perspectives, when needed?			
<b>Topic H: Understanding Practice</b> Did I seek to understand the person's current practice related to the situation/topic by...	(22) asking about their experience with the topic or effort in the situation?			
	(23) expanding on these experiences/efforts with regard to goals and fidelity?			
	(24) expanding on these experiences/efforts with regard to duration and outcome?			
<b>Topic I: Collaboration</b> Did I work to collaboratively advance practice by...	(25) building upon the dispositions and efforts I noted during the visit?			
	(26) accounting for the person's perspective (Given _____, we may need to _____.)?			
	(27) summarizing and defining planned tweaks to the current practice?			
<b>Topic J: Challenge</b> If needed, did I challenge the person to consider alternative perspectives by...	(28) identifying potential impact variables that are within our influence?			
	(29) offering an alternative perspective from a different point of view?			
	(30) connecting the person with an easy to access resource to consume and consider?			
<b>Topic K: Next Steps</b> Did I facilitate next steps by...	(31) writing down the plan in 3-5 action steps?			
	(32) plan follow-ups (check-in, visits, discussions, goals)?			
	(33) recognize and document new efforts by the person?			